



## **SuTab:**

YOU WILL NEED TO PURCHASE THE FOLLOWING (NON-PRESCRIPTION) ITEMS: Gas-X Extra Strength

### **Two (2) Days Prior to Procedure:**

Please avoid high fiber foods, seeds, and nuts.

Make sure you have your prep prescription filled and picked up from the pharmacy. If there are any issues with obtaining your prep, please call our office immediately (843) 571-0643

### **Day Before Procedure:**

DO NOT EAT ANY SOLID FOOD ON THE DAY PRIOR TO YOUR PROCEDURE! Clear liquid diet ALL day for breakfast, lunch and dinner. Acceptable clear liquids: water/ice, coffee, tea, clear fruit drinks, crystal light, Gatorade, carbonated soda (No dark soda or cola), Jell-O (plain, no fruit added), apple juice, chicken broth, or white grape juice.

Do not have anything with red, pink or purple coloring.

Do not have milk, cream or powdered creamer.

1. At 4:00 P.M open 1 bottle of 12 tablets.
2. Fill the provided container with 16 ounces of water (up to the fill line). Swallow each tablet with a sip of water and drink the entire amount of water over 15 to 20 minutes.
3. Drink an additional 16 ounces of water 1 hour after taking the last tablet.
4. Drink another 16 ounces of water, drink another 16 ounces of water

**\*\* Once you have completed the bowel prep, please take two (2) Extra Strength Gas-X.\*\***

### **Morning of Procedure:**

NOTHING TO EAT OR DRINK UNTIL AFTER YOUR PROCEDURE (Except your 2nd dose of Sutab) this includes no smoking, no gum, no mints, no candy!

1. SIX (6) hours prior to your procedure open the second bottle of 12 tablets.
2. Repeat STEP 1 to STEP 4 from DOSE 1

**\*\* Once you have completed the bowel prep, please take two (2) Extra Strength Gas-X.\*\***

ALL LIQUIDS MUST BE STOPPED 3 HOURS BEFORE YOUR PROCEDURE.

Take medications for high blood pressure, seizures, heart disease prescribed pain medication and/or anxiety, inhalers and aspirin as prescribed with a sip of water unless instructed otherwise. All other medication should be held.

If on current antibiotics or have been sick recently (cold, cough, pneumonia, flu) please call 843-571-0643