



Colonoscopy Prep - Suprep:

Two (2) Days Prior to Procedure:

Please avoid high fiber foods, seeds, and nuts.

Make sure you have your prep prescription filled and picked up from the pharmacy. If there are any issues with obtaining your prep, please call our office immediately (843) 571-0643

Day Before Procedure:

DO NOT EAT ANY SOLID FOOD ON THE DAY PRIOR TO YOUR PROCEDURE! Clear liquid diet ALL day for breakfast, lunch and dinner. Acceptable clear liquids: water/ice, coffee, tea, clear fruit drinks, crystal light, Gatorade, carbonated soda (No dark soda or cola), Jell-O (plain, no fruit added), apple juice, chicken broth, or white grape juice.

Do not have anything with red, pink or purple coloring.

Do not have milk, cream or powdered creamer.

1. At 4:00 P.M. pour one (1) 6-ounce bottle of Suprep liquid into the container.
2. Add 10 ounces of cool drinking water to container containing Suprep liquid. Mix well.
3. Drink the solution in its entirety within 1 hour.
4. Over the next hour, you must drink two (2) more 16-ounce containers of water.

Morning of Procedure:

NOTHING TO EAT OR DRINK UNTIL AFTER YOUR PROCEDURE (Except your 2nd dose of suprep) this includes no smoking, no gum, no mints, no candy!

Six (6) hours prior to your scheduled procedure, repeat steps 1-4 previously stated in your 'Day Before Procedure' instruction. Please be sure to drink the entire 16-ounce mixed solution within a one hour time frame. Within the hour, please be sure to drink two 16-ounce cups of water.

Following your second 16-ounce cup of water, STOP ALL LIQUIDS. All liquids must be stopped 3 hours before your procedure.

Take medications for high blood pressure, seizures, heart disease and/or anxiety, inhalers and aspirin as prescribed with a sip of water unless instructed otherwise. All other medication should be held.

If on current antibiotics or have been sick recently (cold, cough, pneumonia, flu) please call
843-571-0643